

<b>Swimmer Profile</b>	
<b>Name:</b> Lucy Clough	<b>Age:</b> 17
<b>Club:</b> Jennian Homes Ashburton Swim Team	<b>Coach:</b> Shane Jones
<b>About</b>	
<b>Greatest achievement in swimming:</b>  Gold medal at the New Zealand Age Group Championships in the 800m freestyle	
<b>Major goals for the next 2 years:</b>  To swim a PB and to be accepted into Pharmacy at Otago University	
<b>What is your pre-race ritual?</b>  I don't have one - I just back myself and believe in the training that I have done.	
<b>If you could only eat one thing for the rest of your life what would it be?</b>  Mum's super swimmers Spag Bol!	
<b>Who or what inspires you and why?</b>  Lauren Boyle is my inspiration because, like me, she plateaued for 3 years but didn't give up and now she is a world champion.	
<b>School/University/subjects/company/position?</b>  Year 13 – Ashburton College & Swim Tutor at EA Networks Centre, Ashburton	